

Shorisha News Archive Year 2002

News:::

15 Feb 2002

So Another Year and another Update...

(Ahem-- Sorry!) I have taken liberties in changing the site... Making it easier to update, faster to load... not as visually cool - but hey --- take the good with the bad! All the stuff is still here... still working on the photos and video aspects.

Curriculum Changes:

Currently revised 1st kyu summery and it is in effect.

Schedule Changes:

March 31st -Easter Sunday (aka Fam day) Class on Sat. (30th)

April 14th, 16th, 17th - Vic's in Cali for work

April 28th- 31st : Vic n Laura screaming "Viva Las Vegas"

A quick year in review...

Gained a few students - Lost a couple students... Chris , Kenyon, Lord ... welcome to the fold.

Trained with Jack Hoban found him to be a very capable and talented instructor. Trained at the IQC... Sword stuff.

Vic's Training:

I have incorporated the idea of storing power and split timing to develop a seemingly fast and moderately powerful fighting method.

The idea is to relax, prep step with a spine shift, and snap into the target.

Group training : As a group we are looking deeper into the mind of the fight.. Expectations, perceptions, Taking turns.

Resolutions???

1. More personal training
2. Joining the Bujinkan (officially)
3. Shorisha T-shirts
4. Video taping the Kyus
5. Updating this site

::: All in all - Getting my act Back together!

Current Members

9th Kyu:

Chris McBride

8th Kyu:

James Bana,

Kenyon Robinson

Lord Manato

2ndkyu:

James scott Beehler,

Dr. Mike Selvitella

1stKyu:

Donna Moy Clarke,

Don Schulz

1st Dan:

Laura Brown Siedleski,

Greg Longoria

Kanshi:

Vic Siedleski

Seminars

May 18th:Hoban in Kenosha

August 30: Tai Kai

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July 2002

Back on Line!

Lately we have been talking about utilizing the concepts and skills of our training. The last couple of Randori tests have displayed a definite need to re-evaluate our Tuesday night class.

What we need to do is to use Sunday to learn conceptually and Tuesday to develop the application of those concepts.

What's New?

On Sundays We Will Video Tape...

August 11th (Sunday) Vic and Laura out of town.

Sept 1st: Vic's @ TaiKai in St. Louis

Who's Working What?

Laura: Power in Techniques

Greg: Staying out of mid-fight

Don/Donna: Style Development (Shodan Review)

James/Mike: 1st Kyu Throws

Kenyon: 7th Kyu JuMongi Material

Chris: Reviewing 8th Kyu

Vic: Dynamics in Throwing.

Current Members

9th Kyu:

Chris McBride

8th Kyu:

Kenyon Robinson

2nd Kyu:

James Scott Murray,
Dr. Mike Selvitella

1st Kyu:

Donna Moy Clarke,
Don Schulz

1st Dan:

Laura Brown Siedleski,
Greg Longoria

Kanshi:

Vic Siedleski

Seminars

August 30: Tai Kai

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August 2002

TaiKai is put off for another year. This month the goal is start correspondences with the Bujinkan and begin to get some certs

(for those who are interested). BujinKan membership is \$10 a year and will be taken care of by your monthly Dojo dues.

Jack Hoban is doing a November Seminar in Jersey "Tai Kai yearly review" It is definitely high on my agenda.

Doing some sword research... New Links added in Resources.

I decided to buy a Practical Katana from Paul Chen - That said - I will Cut.

I know many people were inquiring about this training aspect -- So bear with me it has been years since I have cut... as always, we will learn together

What's New?

On Sundays We Will again try to Video Tape...

The Plan is to go through the Kyu Material and Use it as a archive/ Visual Aid for training. Then Promotion Demos will be added to those tapes.

Name Change: We will now be referred to as The ShoRi Bujinkan Dojo, But also as ShoRiSha Warrior Arts. Confused?

Well - We Train at ShoRi BujinKan Dojo and study ShoRiSha Warrior Arts. This was a business / political decision --- Voice any concerns publicly.

Site News...

I updated the resource section with links and The Buddhist library Check it out... Some interesting articles there.

I'm looking at dressing up this gray background with some pictures.

I've been leaning towards photos of ShoRi training- We need a digital camera. I have added a news archive section ... unfortunately, we Lost a few of the older months.

Schedule?

August 11th (Sunday) Vic and Laura out of town.

August 17 (Sat): Shidoshi Bearstler

Seminar: Physical/Psychological defenses: 12:30pm Wyndam Hotel; \$35

Sept 1st (Sunday): Lake Holiday Excursion and BBQ - 9:30am departure.

Current Members

9th Kyu:

Chris McBride

8th Kyu:

Kenyon Robinson

2nd Kyu:

James Scott Murray,
Dr. Mike Selvitella

1st Kyu:

Donna Moy Clarke,
Don Schulz

1st Dan:

Laura Brown Siedleski,
Greg Longoria

Kanshi:

Vic Siedleski

Seminars

August 17: Shidoshi Bearstler

August 30: Tai Kai

November 9/10: Hoban in NJ

Who's Working What?

Laura: Power in Techniques

Greg: Staying out of mid-fight

Don/Donna: Style Development (Shodan Review)

James/Mike: 1st Kyu Throws

Kenyon: 7th Kyu JuMongi Material

Chris: Reviewing 8th Kyu

Vic: Dynamics in Throwing.

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News:::

September 2002

Just picked up a Paul Chen Sword (PK+) from David Brunner at banditknives.com. Great prices, Great guy to work with... nice blade for the money - We will be doing some cutting. Save your pop bottles and milk jugs.

... Looking for a two new white belts if anyone has any candidates Have them come in for an interview. (This has nothing to do with the new sword purchase... wink) In August I attempted to attend the Quest centers Demo with Shidoshi Bearstler... There was a mix up in the location/Time and could not attend.

I was told he is returning in October, I'll try and catch him then.

Lecture on helping the lower ranks... a summery: Just keep in mind – where they are and where you are. Attack appropriately, Give "proper" feedback, Make sure I'm not missing or overlooking anything in their training.

What's New?

Give congrats to Kenyon on his new baby girl Mariah...

Mike just completed the Mrs T's Chicago Marathon --- Great job. Promotions this month...

Kenyon tested for 7th Kyu

Chris tested for 8th Kyu.... Congrats guys- Good Job...

I am in the process of revamping the curriculum. Adding, deleting, changing Certain ideas and techniques... You are all a big part of this.

Bring in your notes and ideas. I am currently constructing some amendments from my own notes for group review.

Site News...

Just renewed the site for another year...

I have added an editorial section to the resources site.

This way we can all share and write articles on training

I tend to keep notes on conversations and experiences that I find interesting. If anyone has anything to submit - feel free.

Also, if anyone wants their email listed drop me a line and it will be done. Schedule?

Sept 1st (Sunday): Lake Holiday Excursion and BBQ - 9: 30am departure.

Sept 8th: (Sunday): Video Taping white - 8th kyu

Sept 15th (Sunday): Video Taping 7th - 5th Kyu

October 20th, 22nd: Vic and Laura on Vacation

Who's Working What?

Laura: Power in Techniques

Greg: Staying out of mid-fight

Don/Donna: Style Development (Shodan Review)

James/Mike: 1st kyu review (idea applications)

Kenyon: 6th Kyu kihon Material

Chris: 7th Kyu kihon Material

Vic: Dynamics in Throwing. KenJutsu

Current Members

8th Kyu:

Chris McBride

7th Kyu:

Kenyon Robinson

2nd Kyu:

James Scott Murray,

Dr. Mike Selvitella

1st Kyu:

Donna Moy Clarke,

Don Schulz

1st Dan:

Laura Brown Siedleski,

Greg Longoria

Kanshi:

Vic Siedleski

Seminars

November 9/10: Hoban in NJ

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News:::

October 2002

This months focus will be on applied skill in technique.

By the first class in November (3/5) each member is required to demonstrate and apply a practical tool. The reason behind this task is the training of applied knowledge. It has become obvious that we have so much information it is becoming a hindrance to any success.

My advice, Tip #1: use Tuesday to work on one thing from various situations.

Tip #2: Finish it - Last night someone was doing a gansake drill and although they were successful at the positioning, they were not immediately able to administer the throw... This becomes dangerously habitual.

Tip #3: Train a "what if" - understand what can go wrong and train a henka or transition.

Looking for a two new white belts if anyone has any candidates have them come in for a meet and greet interview.

What's New?

Let us welcome Greg Slawski back into the fold.

Greg is from the old school and a long time friend of Ninpo Taijutsu.

He is a shodan promoted through Wayne Bearstler... However he has been out of the loop for a while. Let's get him up to speed and in turn get some feedback on our methods and concepts.

Let's get those Dojo due's in on time people...

Site News...

- * If any one has any suggestions for the site - I'm open to ideas.
- * I want to add some photo backgrounds --- Photographers needed.
- * Articles are requested by members for the editorial section.
- * You want an Email contact list... Drop me a line telling me to add your name.

Schedule?

October 1/8/15/29: Tuesday; Randori and application Classes

October 6/13/20: Sunday; technical classes

October 5,12,19: 10am -12pm; available Saturday's for workshop Ideas.

October 22nd, 27th: Vic and Laura on Vacation ...

Who's Working What?

Laura: Power in Techniques

Greg L: Development Staging

Greg S: Shori overview.

Don/Donna: Style Development (Shodan Review)

James/Mike: 1st kyu review

Kenyon: 6th Kyu kata Material

Chris: 7th Kyu kata Material

Vic: Dynamics in Throwing. KenJutsu

Current Members

8th Kyu:

Chris McBride

7th Kyu:

Kenyon Robinson

2nd Kyu:

James Scott Murray,
Dr. Mike Selvitella

1st Kyu:

Donna Moy Clarke,
Don Schulz

1st Dan:

Greg Slawski,
Laura Brown Siedleski,
Greg Longoria

Kanshi:

Vic Siedleski

Seminars

November 9/10: Hoban in NJ

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News::: December 2002

November has been a bad month for me as everyone is aware...
The Leg has gotten worse, but I'm struggling through it!
This brings up a topic of training while injured or off peak.
It is important to realize one must train and be ready to move when injured or feeling out of sorts - It is easy to win when you're at your best...
It is very important to train when things are less than perfect.
Awareness of current physical and mental limitations are just as important as awareness of your strengths. Keep this mind next time you feel under the weather, or have a pulled muscle... Come to class and investigate your abilities when you are feeling vulnerable.
Because of my knee injury I would not be able to flee the scene of an encounter, I could not commit to fancy footwork... The goal of survival is still the same, Discovering different paths to that goal is critical for success. Think about it...
****Looking for a two new white belts if anyone has any candidates have them come in for a meet and greet interview.****

What's New?

Those at 1st Kyu Class MUST become more structured.
During Shodan Review we only grab ideas from Kyus or Kata in Ryu and Make them work for us in scenarios.
These ideas must be flexible enough to work in different situations.
In the Shodan Curriculum these Ideas are built on and refined.
In short, 1st Kyu is currently looking like Shodan Class...
But, without the proper foundation.
By Decembers end I want your personal theory in writing.
I will provide an example of this task for review and discussion.
I believe this mandatory assignment will appropriately channel your energies.

Received an invite from Shidoshi Bearstler to an Quest Seminar on Saturday December 7th, at 2: 30 in Naperville. The Topic is KukiShinden Ryu Sword techniques (Happo Biken). I'm going and Everyone is invited.
Mr. Bearstler is a very talented and wise mentor of mine,
He has taught me to think and look below the surface of things.
If not for him, I would still be doing Martial Arts... Just not doing it as well.

Site News...

Updated the resources section with Markk Bush's New Dojo...
Earthwayjourney.com - Beautiful site.

Do you visit this site? I have received maybe 2 emails from students since it has returned in July 2002. I update the first week of every month. If you are reading this Send an Email... Say "Hi"... Think of it as a Poll.

- * If any one has any suggestions for the site - I'm open to ideas.
- * I want to add some photo backgrounds --- Photographers needed.
- * Articles are requested by members for the editorial section.
- * You want an Email contact list... Drop me a line telling me to add your name.

Schedule...

December 7 (Sat)- Dojo closed for Bearstler Training Seminar
December 24: (Tues) Dojo Closed X-mass Eve
December 31: (Tues) Dojo Closed New Years Eve (Stay Safe!)
December 1/8/15/22: Sunday; Technical Classes
December 3/10/17: Tuesday; Application Classes
December 14/21/28: Saturdays open for SCHEDULED workshops

Current Members

8th Kyu:
Chris McBride

7th Kyu:
Kenyon Robinson

2nd Kyu:
James Scott Murray,
Dr. Mike Selvitella

1st Kyu:
Donna Moy Clarke,
Don Schulz

1st Dan:
Greg Slawski,
Laura Brown Siedleski,
Greg Longoria

Kanshi:
Vic Siedleski

Seminars
Dec7th : Shidoshi Bearstler

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News::: December 2002 cntd...

Who's Working What?

Laura: Kukishinden Ryu Movement Ideas

Greg L: OniKudaki in Application and Theory.

Greg S: Shori curriculum overview.

Don/Donna: Style Development (Shodan Review)

James/Mike: 1st Kyu Test

Kenyon: 6th Kyu Kusari Fundo Material

Chris: 7th Kyu Tanto and Self Defense Material

Vic: Limiting movement and control through positioning.